

Ergebnisse Männer

| Platz | St-Nr. | Name | Jq | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|-------------------|----|-----|-------------------------------|----|-----|---------|------|
| 1 | S27 | Stahl, Emil | 07 | DEU | SV Leingarten | MS | 1 | 0:01:04 | 3:56 |
| 2 | S37 | Gahlert, Chris | 07 | DEU | SV Leingarten | MS | 4 | 0:01:10 | 4:17 |
| 3 | S3 | Lang, Moritz | 07 | DEU | KiGa Böckingen Hofstattstraße | MS | 5 | 0:01:12 | 4:23 |
| 4 | S16 | Breuninger, Jakob | 08 | DEU | SV Leingarten | MS | 6 | 0:01:13 | 4:26 |
| 5 | S14 | Hagenmeyer, Felix | 07 | DEU | | MS | 9 | 0:01:18 | 4:51 |
| 6 | S17 | Rieker, Jonas | 07 | DEU | SV Leingarten | MS | 11 | 0:01:23 | 5:04 |
| 7 | S22 | Koch, Malte | 07 | DEU | TSV Weinsberg | MS | 12 | 0:01:23 | 5:08 |
| 8 | S29 | Vajda, Bercel | 08 | DEU | | MS | 14 | 0:01:26 | 5:20 |
| 9 | S10 | Baier, Lukas | 07 | DEU | | MS | 15 | 0:01:27 | 5:23 |
| 10 | S4 | Kaya, Elias | 07 | DEU | *Leingarten | MS | 16 | 0:01:28 | 5:28 |
| 11 | S34 | Hesse, Eric | 08 | DEU | TSG Öhringen | MS | 17 | 0:01:30 | 5:29 |
| 12 | S35 | Schaffmann, Max | 07 | DEU | Ski-Klub Großgartach | MS | 21 | 0:01:33 | 5:42 |
| 13 | S20 | Arens, Bastian | 07 | DEU | | MS | 22 | 0:01:33 | 5:40 |
| 14 | S11 | Losch, Maas | 07 | DEU | | MS | 23 | 0:01:36 | 5:57 |
| 15 | S26 | Allmang, Noah | 08 | DEU | SV Leingarten | MS | 24 | 0:01:39 | 5:59 |
| 16 | S19 | Holzbauer, Moritz | 08 | DEU | | MS | 25 | 0:01:42 | 6:15 |
| 17 | S31 | Diebold, Nils | 09 | DEU | | MS | 29 | 0:01:47 | 6:32 |
| 18 | S24 | Kott, Magnus | 07 | DEU | | MS | 32 | 0:21:55 | 7:40 |

Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|---------------------------|----|-----|----------------------------|----|-----|---------|------|
| 1 | S18 | Pfeil, Amelie | 07 | DEU | SV Leingarten | WS | 2 | 0:01:05 | 3:59 |
| 2 | S9 | Trommler, Angelina | 07 | DEU | TSV Baden Östringen | WS | 3 | 0:01:10 | 4:21 |
| 3 | S5 | Herzberg, Charlotte | 07 | DEU | Tri Team Heuchelberg | WS | 7 | 0:01:15 | 4:38 |
| 4 | S12 | Michelfelder, Norina | 07 | DEU | *Heilbronn - Frankenbach | WS | 8 | 0:01:17 | 4:41 |
| 5 | S8 | Krapf, Anna | 08 | DEU | Tri-Team Heuchelberg | WS | 10 | 0:01:19 | 4:53 |
| 6 | S6 | Dietsche, Greta | 07 | DEU | SV Leingarten | WS | 13 | 0:01:24 | 5:04 |
| 7 | S15 | Marschall, Cheyenne | 07 | DEU | | WS | 18 | 0:01:30 | 5:34 |
| 8 | S28 | Drechsel, Lilli | 08 | DEU | Kindergarten Kelterstrasse | WS | 19 | 0:01:31 | 5:32 |
| 9 | S23 | Buck, Amy | 08 | DEU | Jeans-Shopping24.de | WS | 20 | 0:01:31 | 5:33 |
| 10 | S36 | Schneebauer, Maja | 07 | DEU | SV Leingarten | WS | 26 | 0:01:43 | 6:20 |
| 11 | S33 | Torres, Amelie | 08 | DEU | | WS | 27 | 0:01:45 | 6:22 |
| 12 | S25 | Leipert, Heidi | 08 | DEU | SV Leingarten | WS | 28 | 0:01:46 | 6:29 |
| 13 | S32 | Muehlboeck, Cheyenne-Blue | 09 | DEU | | WS | 30 | 0:02:04 | 7:35 |
| 14 | S21 | Gebhard, Lea | 09 | DEU | | WS | 31 | 0:02:22 | 8:47 |
| 15 | S38 | Öksüz, Selin | 08 | DEU | | WS | 33 | 0:27:33 | 7:40 |

Ergebnisse Männer

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|---------------------|----|-----|-----------------------|----|-----|---------|------|
| 1 | S141 | Mayor, Luis | 06 | DEU | Hans-Sauter-Schule 1b | MS | 1 | 0:01:37 | 3:56 |
| 2 | S168 | Metz, David | 06 | DEU | Eichbottschule 1b | MS | 2 | 0:01:43 | 4:09 |
| 3 | S155 | Sandrisser, Fabian | 06 | DEU | Hans-Sauter-Schule 1a | MS | 3 | 0:01:44 | 4:11 |
| 4 | S152 | Kroner, Matteo | 06 | DEU | Hans-Sauter-Schule 1a | MS | 4 | 0:01:47 | 4:23 |
| 4 | S175 | Hube, Ben | 06 | DEU | Untergriesheim | MS | 4 | 0:01:47 | 4:21 |
| 6 | S143 | Steinbrenner, Lenn | 06 | DEU | Hans-Sauter-Schule 1b | MS | 9 | 0:01:52 | 4:32 |
| 7 | S149 | Istvan, Vajoa | 06 | DEU | Hans-Sauter-Schule 1a | MS | 11 | 0:01:55 | 4:39 |
| 8 | S161 | Frank, Maurice | 06 | DEU | Hans-Sauter-Schule 1b | MS | 13 | 0:01:57 | 4:44 |
| 9 | S138 | Herzog, Max | 06 | DEU | Eichbottschule 1c | MS | 15 | 0:02:01 | 4:55 |
| 10 | S162 | Poumgba, Nsang | 06 | DEU | Eichbottschule 1c | MS | 19 | 0:02:03 | 4:58 |
| 11 | S132 | Knobloch, Joshua | 06 | DEU | Eichbottschule 1a | MS | 23 | 0:02:05 | 5:03 |
| 12 | S136 | Schwarz, Gabriel | 06 | DEU | Eichbottschule 1a | MS | 24 | 0:02:07 | 5:08 |
| 12 | S142 | Möhring, Robin | 06 | DEU | Hans-Sauter-Schule 1b | MS | 24 | 0:02:07 | 5:10 |
| 14 | S159 | Mühlböck, Luca | 06 | DEU | TSV Baden Östringen | MS | 26 | 0:02:07 | 5:08 |
| 15 | S153 | Landesvatter, Marco | 06 | DEU | Hans-Sauter-Schule 1a | MS | 34 | 0:02:15 | 5:27 |
| 16 | S148 | Scharli, Nils | 06 | DEU | Hans-Sauter-Schule 1a | MS | 35 | 0:02:17 | 5:34 |

Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|------------------------|----|-----|-------------------------|----|-----|---------|------|
| 1 | S174 | Sanwald, Merle | 06 | DEU | SV Leingarten | WS | 6 | 0:01:50 | 4:28 |
| 2 | S179 | Hommel, Mia Charlotte | 06 | DEU | Sportverein Schluchtern | WS | 7 | 0:01:51 | 4:32 |
| 3 | S177 | Jauchstetter, Emy Luca | 06 | DEU | | WS | 8 | 0:01:52 | 4:29 |
| 4 | S167 | Schwarz, Louisa | 06 | DEU | Eichbottschule 1b | WS | 10 | 0:01:53 | 4:35 |
| 5 | S165 | Reisser, Clara | 06 | DEU | Eichbottschule 1b | WS | 12 | 0:01:57 | 4:47 |
| 6 | S171 | Geiger, Fiona | 06 | DEU | Eichbottschule 1b | WS | 14 | 0:01:59 | 4:51 |
| 7 | S135 | Bauer, Carolin | 06 | DEU | Eichbottschule 1a | WS | 16 | 0:02:01 | 4:52 |
| 8 | S139 | Ngo-Poumbga, Mapubi | 06 | DEU | Eichbottschule 3a | WS | 17 | 0:02:02 | 4:56 |
| 9 | S163 | Baumann, Emilie | 06 | DEU | Eichbottschule 1b | WS | 18 | 0:02:03 | 4:59 |
| 10 | S147 | Will, Nele | 06 | DEU | Hans-Sauter-Schule 1b | WS | 20 | 0:02:03 | 5:00 |
| 11 | S164 | Giersch, Katharina | 06 | DEU | Eichbottschule 1b | WS | 21 | 0:02:04 | 4:58 |
| 12 | S157 | Deutschle, Leni | 06 | DEU | *Erlenbach | WS | 22 | 0:02:04 | 4:58 |
| 13 | S176 | Casserdahl, Malin | 06 | DEU | SV Leingarten | WS | 27 | 0:02:08 | 5:11 |
| 14 | S137 | Hafendörfer, Leni | 06 | DEU | Eichbottschule 1a | WS | 28 | 0:02:08 | 5:09 |
| 15 | S134 | Rieker, Juliane | 06 | DEU | Eichbottschule 1a | WS | 29 | 0:02:09 | 5:11 |
| 16 | S172 | Preisinger, Marie | 06 | DEU | Eichbottschule 1b | WS | 30 | 0:02:10 | 5:21 |
| 17 | S180 | Hesse, Alice | 06 | DEU | TSG Öhringen | WS | 31 | 0:02:10 | 5:18 |
| 18 | S151 | Schneider, Susanne | 06 | DEU | Hans-Sauter-Schule 1a | WS | 32 | 0:02:11 | 5:15 |
| 19 | S170 | Kunz, Moa | 06 | DEU | Eichbottschule 1b | WS | 33 | 0:02:11 | 5:19 |

Ergebnisse Männer

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|--------------------|----|-----|-----------------------|----|-----|---------|------|
| 1 | S126 | Krieger, Jens | 05 | DEU | Hans-Sauter-Schule 2a | MS | 1 | 0:01:25 | 3:29 |
| 2 | S173 | Koch, Nicolas | 05 | DEU | TSV Weinsberg | MS | 2 | 0:01:28 | 3:33 |
| 3 | S107 | Henze, Eric | 05 | DEU | Eichbottschule 2b | MS | 3 | 0:01:31 | 3:43 |
| 4 | S178 | Zipse, Luis | 05 | DEU | TSG 1845 Heilbronn | MS | 5 | 0:01:37 | 3:56 |
| 5 | S128 | Kern, Lennaro | 05 | DEU | Hans-Sauter-Schule 1a | MS | 6 | 0:01:39 | 4:03 |
| 6 | S109 | Berger, Marius | 05 | DEU | Eichbottschule 2b | MS | 7 | 0:01:40 | 4:04 |
| 7 | S124 | Gahlert, Felix | 05 | DEU | Hans-Sauter-Schule 2a | MS | 8 | 0:01:40 | 4:03 |
| 8 | S117 | Voll, Jonas | 05 | DEU | Eichbottschule 2a | MS | 9 | 0:01:42 | 4:04 |
| 9 | S127 | Schwöbel, Till | 05 | DEU | Hans-Sauter-Schule 1a | MS | 11 | 0:01:42 | 4:08 |
| 10 | S158 | Götz, Noa | 05 | DEU | Tri-Team Heuchelberg | MS | 12 | 0:01:43 | 4:11 |
| 11 | S131 | Türk, Sergen | 05 | DEU | SV Leingarten | MS | 14 | 0:01:44 | 4:14 |
| 12 | S114 | Wieland, Maxime | 05 | DEU | Eichbottschule 2a | MS | 15 | 0:01:44 | 4:13 |
| 13 | S119 | Bingenheimer, Max | 05 | DEU | Hans-Sauter-Schule 2b | MS | 19 | 0:01:48 | 4:22 |
| 14 | S113 | Stahl, Felix | 05 | DEU | Eichbottschule 2a | MS | 21 | 0:01:54 | 4:39 |
| 15 | S102 | Ostkamp, Jordan | 05 | DEU | Eichbottschule 1c | MS | 22 | 0:01:55 | 4:38 |
| 16 | S115 | Marschall, Luca | 05 | DEU | Eichbottschule 2a | MS | 23 | 0:01:55 | 4:42 |
| 17 | S160 | Hagenmeyer, Jannis | 05 | DEU | Hans-Sauter-Schule 1b | MS | 24 | 0:01:58 | 4:48 |
| 18 | S125 | Drechsel, Paul | 05 | DEU | Hans-Sauter-Schule 2a | MS | 28 | 0:02:00 | 4:50 |
| 19 | S111 | Kamps, Luca | 05 | DEU | Eichbottschule 2a | MS | 30 | 0:02:01 | 4:54 |
| 20 | S118 | Pfuhl, Christian | 05 | DEU | Hans-Sauter-Schule 2b | MS | 31 | 0:02:02 | 4:55 |

Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|--------------------|----|-----|--------------------------------|----|-----|---------|------|
| 1 | S108 | Dietrich, Hannah | 05 | DEU | Eichbottschule 2b | WS | 4 | 0:01:36 | 3:51 |
| 2 | S110 | Rieker, Mia | 05 | DEU | Eichbottschule 2a | WS | 9 | 0:01:42 | 4:06 |
| 3 | S129 | Gärtner, Kathi | 05 | DEU | TSG 1845 Heilbronn | WS | 13 | 0:01:44 | 4:12 |
| 4 | S130 | Krapf, Franziska | 05 | DEU | Eichbottschule Leingarten, Kla | WS | 16 | 0:01:45 | 4:17 |
| 5 | S103 | Sonn, Mira | 05 | DEU | Eichbottschule 2b | WS | 17 | 0:01:46 | 4:16 |
| 6 | S104 | Delibajric, Selma | 05 | DEU | Eichbottschule 2b | WS | 18 | 0:01:46 | 4:15 |
| 7 | S181 | Möbius, Tiia | 05 | DEU | | WS | 20 | 0:01:51 | 4:28 |
| 8 | S122 | Utech, Lara | 05 | DEU | Hans-Sauter-Schule 2b | WS | 25 | 0:01:59 | 4:50 |
| 9 | S116 | Böger, Lya | 05 | DEU | Eichbottschule 2a | WS | 26 | 0:01:59 | 4:49 |
| 10 | S112 | Torres, Maya | 05 | DEU | Eichbottschule 2a | WS | 27 | 0:01:59 | 4:49 |
| 11 | S106 | Losch, Enie | 05 | DEU | Eichbottschule 2b | WS | 29 | 0:02:01 | 4:55 |
| 12 | S121 | Schmitt, Selina | 05 | DEU | Hans-Sauter-Schule 2b | WS | 32 | 0:02:07 | 5:07 |
| 13 | S101 | Breuninger, Luisa | 05 | DEU | Eichbottschule 2a | WS | 33 | 0:02:07 | 5:11 |
| 14 | S120 | Haberla, Ina | 05 | DEU | Hans-Sauter-Schule 2b | WS | 34 | 0:02:08 | 5:11 |
| 15 | S105 | Schneebauer, Laura | 05 | DEU | Eichbottschule 2b | WS | 35 | 0:02:09 | 5:13 |

Ergebnisse Männer

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|--------------------|----|-----|-----------------------|----|-----|---------|------|
| 1 | S319 | Pfeil, Leon | 04 | DEU | Hans-Sauter-Schule 3a | MS | 1 | 0:01:21 | 3:17 |
| 2 | S365 | Sagebiel, Jonas | 04 | DEU | Eichbottschule 3c | MS | 2 | 0:01:26 | 3:29 |
| 3 | S317 | Knott, Flynn | 04 | DEU | Hans-Sauter-Schule 3a | MS | 3 | 0:01:28 | 3:34 |
| 4 | S299 | Treibisonda, Nino | 04 | DEU | Eichbottschule 3a | MS | 7 | 0:01:33 | 3:47 |
| 5 | S324 | Minio, Marlon | 04 | DEU | Hans-Sauter-Schule 3a | MS | 8 | 0:01:35 | 3:52 |
| 6 | S302 | Hommel, Max | 04 | DEU | Eichbottschule 3a | MS | 11 | 0:01:36 | 3:56 |
| 7 | S321 | Minio, Alessio | 04 | DEU | Hans-Sauter-Schule 3a | MS | 14 | 0:01:37 | 3:57 |
| 8 | S341 | Kahl, Matthias | 04 | DEU | Hans-Sauter-Schule 2b | MS | 15 | 0:01:37 | 3:59 |
| 9 | S310 | Hesser, Philip | 04 | DEU | Eichbottschule 2a | MS | 16 | 0:01:38 | 3:57 |
| 10 | S286 | Krüger, Felix | 04 | DEU | Eichbottschule 3c | MS | 17 | 0:01:38 | 4:01 |
| 11 | S315 | Köglmeier, Max | 04 | DEU | Hans-Sauter-Schule 3b | MS | 18 | 0:01:38 | 4:01 |
| 12 | S311 | Hennersdorf, Ruben | 04 | DEU | Eichbottschule 2a | MS | 25 | 0:01:45 | 4:13 |
| 12 | S301 | Wolf, Erik | 04 | DEU | Eichbottschule 3a | MS | 25 | 0:01:45 | 4:15 |
| 14 | S313 | Friese, Jannic | 04 | DEU | Hans-Sauter-Schule 3b | MS | 27 | 0:01:46 | 4:19 |
| 15 | S295 | Meny, Ken Bennet | 04 | DEU | Eichbottschule 2b | MS | 28 | 0:01:46 | 4:16 |
| 16 | S288 | Kaya, Noah | 04 | DEU | Eichbottschule 3c | MS | 29 | 0:01:47 | 4:20 |
| 17 | S320 | Thal, Niklas | 04 | DEU | Hans-Sauter-Schule 3a | MS | 30 | 0:01:47 | 4:24 |
| 18 | S290 | Müller, Tobias | 04 | DEU | Eichbottschule 3c | MS | 32 | 0:01:48 | 4:24 |
| 19 | S308 | Friedel, Fynn | 04 | DEU | Eichbottschule 2a | MS | 34 | 0:01:49 | 4:26 |
| 20 | S285 | Schaffmann, Moritz | 03 | DEU | Eichbottschule 3a | MS | 37 | 0:01:53 | 4:37 |
| 21 | S291 | Yazicioglu, Enis | 04 | DEU | Eichbottschule 3c | MS | 38 | 0:01:53 | 4:36 |
| 22 | S293 | De Sousa, Rui | 04 | DEU | Eichbottschule 3b | MS | 39 | 0:01:57 | 4:46 |
| 23 | S342 | Tas, Bedran | 04 | DEU | Hans-Sauter-Schule 2a | MS | 42 | 0:02:06 | 5:07 |

Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|-----------------------|----|-----|-----------------------|----|-----|---------|------|
| 1 | S296 | Beitner, Meike | 04 | DEU | Eichbottschule 2b | WS | 4 | 0:01:28 | 3:36 |
| 2 | S330 | Herzberg, Tabea | 04 | DEU | Tri Team Heuchelberg | WS | 5 | 0:01:31 | 3:41 |
| 3 | S305 | Georgi, Lillian | 04 | DEU | Eichbottschule 3a | WS | 6 | 0:01:33 | 3:43 |
| 4 | S289 | Beckert, Caroline | 04 | DEU | Eichbottschule 3c | WS | 9 | 0:01:35 | 3:53 |
| 5 | S292 | Feil, Anastasia | 04 | DEU | Eichbottschule 3c | WS | 10 | 0:01:35 | 3:52 |
| 6 | S287 | Roth, Patricia | 04 | DEU | Eichbottschule 3c | WS | 12 | 0:01:37 | 3:53 |
| 6 | S304 | Biller, Clara | 04 | DEU | Eichbottschule 3a | WS | 12 | 0:01:37 | 3:51 |
| 8 | S316 | Sandrisser, Annabell | 04 | DEU | Hans-Sauter-Schule 3a | WS | 19 | 0:01:38 | 3:57 |
| 8 | S300 | Josipovic, Leonie | 04 | DEU | Eichbottschule 3a | WS | 19 | 0:01:38 | 4:01 |
| 10 | S347 | Wielsch, Enni | 04 | DEU | SSF Heilbronn | WS | 21 | 0:01:40 | 4:04 |
| 11 | S318 | Bänsch, Pauline | 04 | DEU | Hans-Sauter-Schule 3a | WS | 22 | 0:01:42 | 4:07 |
| 12 | S306 | Bletch, Lara | 04 | DEU | Eichbottschule 3b | WS | 23 | 0:01:44 | 4:12 |
| 13 | S328 | Schlosser, Nikita | 04 | DEU | Hans-Sauter-Schule 2a | WS | 24 | 0:01:44 | 4:11 |
| 14 | S325 | Kössig, Yvonne Marie | 04 | DEU | Hans-Sauter-Schule 3a | WS | 31 | 0:01:48 | 4:22 |
| 15 | S346 | Hube, Luana | 04 | DEU | Untergriesheim | WS | 33 | 0:01:48 | 4:22 |
| 16 | S331 | Kraft, Marie | 04 | DEU | SpVgg Heinriet | WS | 35 | 0:01:49 | 4:23 |
| 17 | S323 | Gillert, Helena | 04 | DEU | Hans-Sauter-Schule 3a | WS | 36 | 0:01:52 | 4:32 |
| 18 | S298 | Losch, Helen | 04 | DEU | Eichbottschule 3a | WS | 40 | 0:01:59 | 4:46 |
| 19 | S297 | Gutsch, Denise | 04 | DEU | Eichbottschule 2b | WS | 41 | 0:01:59 | 4:47 |
| 20 | S329 | Nuglisch Hanke, Marie | 05 | DEU | Hans-Sauter-Schule 2a | WS | 43 | 0:02:07 | 5:07 |

Ergebnisse Männer

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|---------------------|----|-----|-----------------------|----|-----|---------|------|
| 1 | S363 | Loydl, David | 03 | DEU | SG Gundelsheim | MS | 1 | 0:01:18 | 3:09 |
| 2 | S364 | Buggle, Magnus | 03 | DEU | Tri-Team Heuchelberg | MS | 2 | 0:01:19 | 3:12 |
| 3 | S280 | Steinbrenner, Max | 03 | DEU | Hans-Sauter-Schule 4a | MS | 3 | 0:01:22 | 3:20 |
| 4 | S335 | Seewald, Maximilian | 03 | DEU | Eichbottschule 4b | MS | 6 | 0:01:25 | 3:27 |
| 5 | S345 | Bensz, Doryan | 03 | DEU | TSG Heilbronn | MS | 7 | 0:01:26 | 3:30 |
| 6 | S263 | Birkhold, Julian | 03 | DEU | Eichbottschule 4c | MS | 8 | 0:01:27 | 3:31 |
| 7 | S284 | Koch, Leo | 03 | DEU | Spfr Lauffen | MS | 9 | 0:01:27 | 3:34 |
| 8 | S343 | Fabriz, Tobias | 03 | DEU | Eichbottschule 4a | MS | 10 | 0:01:28 | 3:35 |
| 9 | S344 | Muzek, Florian | 03 | DEU | Eichbottschule 4b | MS | 11 | 0:01:30 | 3:39 |
| 10 | S271 | Breuninger, Florian | 03 | DEU | Eichbottschule 3b | MS | 12 | 0:01:30 | 3:41 |
| 11 | S254 | Voll, Janik | 03 | DEU | Eichbottschule 3c | MS | 13 | 0:01:31 | 3:40 |
| 12 | S337 | Pulz, Sebastian | 03 | DEU | Eichbottschule 4b | MS | 20 | 0:01:36 | 3:50 |
| 13 | S258 | Hribar, Martin | 03 | DEU | Eichbottschule 4a | MS | 24 | 0:01:38 | 3:55 |
| 14 | S267 | de Pasquale, Brian | 03 | DEU | Eichbottschule 3b | MS | 26 | 0:01:38 | 4:00 |
| 15 | S257 | Köster, Len | 03 | DEU | Eichbottschule 4a | MS | 28 | 0:01:39 | 3:59 |
| 16 | S352 | Limbach, Simon | 04 | DEU | Eichbottschule 3a | MS | 30 | 0:01:39 | 3:59 |
| 17 | S351 | Borth, Yannick | 03 | DEU | GC Monrepos | MS | 34 | 0:01:41 | 4:04 |
| 18 | S272 | Reisser, Noah | 03 | DEU | Eichbottschule 3b | MS | 35 | 0:01:42 | 4:07 |
| 19 | S362 | Scheytt, Jonathan | 03 | DEU | Tri-Team Heuchelberg | MS | 38 | 0:01:43 | 4:11 |
| 20 | S252 | Pieper, Justin | 03 | DEU | Eichbottschule 3c | MS | 39 | 0:01:44 | 4:11 |
| 21 | S339 | Ostkamp, Daniel | 02 | DEU | Eichbottschule 4b | MS | 42 | 0:01:48 | 4:22 |
| 22 | S264 | Diebold, Luca | 03 | DEU | Eichbottschule 4c | MS | 43 | 0:01:50 | 4:27 |
| 23 | S333 | Baier, Lars | 03 | DEU | Eichbottschule 4b | MS | 44 | 0:01:50 | 4:28 |
| 24 | S276 | Keul, Elias | 03 | DEU | Hans-Sauter-Schule 4a | MS | 47 | 0:01:54 | 4:35 |
| 25 | S356 | Bojaj, Modsta | 03 | DEU | *Leingarten | MS | 52 | 0:07:39 | 4:51 |

Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|-----------------------|----|-----|-------------------------|----|-----|---------|------|
| 1 | S259 | Köster, Luci | 03 | DEU | Eichbottschule 4a | WS | 4 | 0:01:24 | 3:23 |
| 2 | S265 | Eisemann, Lena | 03 | DEU | Eichbottschule 4c | WS | 5 | 0:01:25 | 3:27 |
| 3 | S332 | Götz, Ida | 03 | DEU | Tri-Team Heuchelberg | WS | 14 | 0:01:31 | 3:41 |
| 4 | S281 | Schuh, Sophia | 03 | DEU | Hans-Sauter-Schule 4a | WS | 15 | 0:01:32 | 3:43 |
| 5 | S275 | Kübler, Antonia | 03 | DEU | Hans-Sauter-Schule 4a | WS | 16 | 0:01:33 | 3:49 |
| 6 | S349 | Pflugfelder, Jana | 03 | DEU | Eichbottschule 4b | WS | 17 | 0:01:34 | 3:48 |
| 7 | S277 | Kroner, Marlen | 03 | DEU | Hans-Sauter-Schule 4a | WS | 18 | 0:01:34 | 3:50 |
| 8 | S355 | Mauz, Chiara | 03 | DEU | Eichbottschule 4b | WS | 19 | 0:01:35 | 3:51 |
| 9 | S358 | Arens, Sonja | 03 | DEU | Talheim | WS | 21 | 0:01:36 | 3:48 |
| 10 | S266 | Hochuli, Lilo | 03 | DEU | Eichbottschule 4c | WS | 22 | 0:01:36 | 3:51 |
| 11 | S279 | Schlosser, Evita | 03 | DEU | Hans-Sauter-Schule 4a | WS | 23 | 0:01:37 | 3:53 |
| 12 | S282 | Wenzel, Vivian | 03 | DEU | Hans-Sauter-Schule 3a | WS | 25 | 0:01:38 | 4:01 |
| 13 | S253 | Scaricamazza, Melissa | 03 | DEU | Eichbottschule 3c | WS | 27 | 0:01:38 | 4:00 |
| 14 | S338 | Stapf, Laura | 03 | DEU | Eichbottschule 4b | WS | 29 | 0:01:39 | 3:57 |
| 15 | S353 | Haberkern, Ida | 03 | DEU | Tri-Team Heuchelberg | WS | 31 | 0:01:39 | 3:57 |
| 16 | S270 | Sonn, Eve | 03 | DEU | Eichbottschule 3b | WS | 32 | 0:01:40 | 4:00 |
| 17 | S283 | Deutschle, Luisa | 03 | DEU | Neckarsulmer Sportunoin | WS | 33 | 0:01:40 | 4:03 |
| 18 | S255 | Breuning, Ines | 03 | DEU | Eichbottschule 3c | WS | 36 | 0:01:42 | 4:06 |
| 19 | S256 | Casserdahl, Juliana | 03 | DEU | Eichbottschule 3c | WS | 37 | 0:01:43 | 4:07 |
| 20 | S350 | Betz, Marie-Louise | 03 | DEU | SV Leingarten | WS | 40 | 0:01:44 | 4:13 |
| 21 | S251 | Reh, Annika | 03 | DEU | *Heilbronn | WS | 41 | 0:01:46 | 4:15 |
| 22 | S278 | Haberla, Lea | 03 | DEU | Hans-Sauter-Schule 4a | WS | 45 | 0:01:51 | 4:29 |
| 23 | S340 | Wagner, Maya | 03 | DEU | Eichbottschule 4b | WS | 46 | 0:01:52 | 4:28 |
| 24 | S269 | Wieczorek, Celine | 03 | DEU | Eichbottschule 3b | WS | 48 | 0:01:57 | 4:46 |
| 25 | S348 | Dietsche, Lina | 03 | DEU | Eichbottschule 3a | WS | 49 | 0:01:59 | 4:50 |
| 26 | S262 | Susan, Simge | 03 | DEU | Eichbottschule 4c | WS | 50 | 0:01:59 | 4:47 |
| 27 | S274 | Schneebauer, Linda | 03 | DEU | Hans-Sauter-Schule 4a | WS | 51 | 0:02:02 | 5:00 |

Ergebnisse Männer

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|---------------------|----|-----|-------------------------|----|-----|---------|------|
| 1 | S451 | Dörr, Leonard | 01 | DEU | Tri-Team Heuchelberg | MS | 1 | 0:04:16 | 3:24 |
| 2 | S454 | Behrens, Levin | 02 | DEU | LG Kernen | MS | 2 | 0:04:19 | 3:27 |
| 3 | S409 | Fleisch, Kilian | 01 | DEU | Tri-Team-Heuchelberg | MS | 3 | 0:04:19 | 3:27 |
| 4 | S450 | Wittmann, Moritz | 01 | DEU | SGM Leingarten | MS | 4 | 0:04:26 | 3:32 |
| 5 | S413 | Henze, Danny | 02 | DEU | SV Leingarten | MS | 5 | 0:04:27 | 3:33 |
| 6 | S437 | Teichmann, Noah | 02 | DEU | Tri Team Heuchelberg | MS | 6 | 0:04:34 | 3:39 |
| 7 | S439 | Benz, Luis | 01 | DEU | TSG Heilbronn | MS | 7 | 0:04:38 | 3:43 |
| 7 | S405 | Meltzer, Robin | 02 | DEU | Hans-Sauter-Schule 4a | MS | 7 | 0:04:38 | 3:42 |
| 9 | S441 | Pfeil, David | 01 | DEU | Skischule Unterland | MS | 9 | 0:04:42 | 3:45 |
| 10 | S408 | Schiffner, Valentin | 01 | DEU | Bauintact Bietigheim | MS | 10 | 0:04:50 | 3:51 |
| 11 | S403 | Lang, Timo | 02 | DEU | Eichbottschule 4c | MS | 11 | 0:04:53 | 3:53 |
| 12 | S440 | Kraemer, Julian | 02 | DEU | | MS | 12 | 0:05:00 | 3:59 |
| 13 | S446 | Köhler, Luke | 02 | DEU | Team Accenon | MS | 13 | 0:05:01 | 3:58 |
| 14 | S449 | Friedrich, Tim | 02 | DEU | *Leingarten | MS | 14 | 0:05:02 | 3:59 |
| 15 | S438 | Minio, Giuseppe | 01 | DEU | SG Böckingen Leingarten | MS | 15 | 0:05:03 | 4:03 |
| 16 | S434 | Johne, Max | 01 | DEU | | MS | 21 | 0:05:25 | 4:18 |
| 17 | S402 | Hartmann, Nino | 02 | DEU | Eichbottschule 4a | MS | 23 | 0:05:29 | 4:22 |
| 18 | S407 | Schneider, Kevin | 02 | DEU | Hans-Sauter-Schule 4a | MS | 26 | 0:05:54 | 4:42 |
| 19 | S404 | Irion, Jordy | 02 | DEU | Hans-Sauter-Schule 4a | MS | 28 | 0:06:31 | 5:12 |

Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|-----------------------|----|-----|------------------------------|----|-----|---------|------|
| 1 | S411 | Gutmann, Fenja | 02 | DEU | TSG Heilbronn | WS | 16 | 0:05:12 | 4:09 |
| 2 | S429 | Limbach, Laura | 01 | DEU | SV Leingarten Leichtathletik | WS | 17 | 0:05:15 | 4:11 |
| 3 | S410 | Dietsche, Maja | 02 | DEU | SV Leingarten | WS | 18 | 0:05:16 | 4:12 |
| 4 | S457 | Otlewski, Florentine | 02 | DEU | SV Leingarten | WS | 19 | 0:05:19 | 4:15 |
| 5 | S401 | Reh, Laura | 01 | DEU | EK Heilbronn | WS | 20 | 0:05:25 | 4:19 |
| 6 | S442 | Trommler, Elisa Marie | 01 | DEU | | WS | 22 | 0:05:27 | 4:21 |
| 7 | S414 | Domeier, Eleni | 02 | DEU | *Osterburken | WS | 24 | 0:05:30 | 4:23 |
| 8 | S412 | Baumann, Leonie | 02 | DEU | SVL-Leingarten | WS | 25 | 0:05:31 | 4:24 |
| 9 | S448 | Zipse, Ariane | 02 | DEU | TSG 1845 Heilbronn | WS | 27 | 0:06:26 | 5:09 |

Ergebnisse Männer

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|------------------|----|-----|------------------------------|----|-----|---------|------|
| 1 | S443 | Kipp, Jan Thomas | 00 | DEU | SV Leingarten | MS | 1 | 0:04:09 | 3:17 |
| 2 | S435 | Schmitzer, Luca | 00 | DEU | TSG 1845 Heilbronn | MS | 2 | 0:04:15 | |
| 3 | S423 | Schuh, Salomon | 00 | DEU | SV Leingarten Leichtathletik | MS | 4 | 0:04:34 | 3:38 |

Ergebnisse Frauen

| Platz | St-Nr. | Name | Jg | NAT | Verein/*Ort | AK | Pos | Brutto | M/km |
|-------|--------|------------------|----|-----|----------------------|----|-----|---------|------|
| 1 | S444 | Weiß, Lea | 99 | DEU | SV Leingarten | WS | 3 | 0:04:34 | 3:38 |
| 2 | S416 | Gutmann, Ronja | 00 | DEU | *Heilbronn | WS | 5 | 0:04:34 | 3:39 |
| 3 | S420 | Fabriz, Janina | 00 | DEU | SV Leingarten | WS | 6 | 0:04:39 | 3:42 |
| 4 | S415 | Kuebler, Elena | 99 | DEU | SV Leingarten | WS | 7 | 0:04:44 | 3:47 |
| 5 | S456 | Buggle, Mattea | 00 | DEU | Tri-Team Heuchelberg | WS | 8 | 0:04:49 | 3:50 |
| 6 | S417 | Gärtner, Luisa | 00 | DEU | TSG 1845 Heilbronn | WS | 9 | 0:05:08 | 4:06 |
| 7 | S418 | Koch, Marie | 00 | DEU | HöGy Lauffen | WS | 10 | 0:05:36 | 4:28 |
| 8 | S445 | Koch, Friederike | 00 | DEU | TSV Weinsberg | WS | 11 | 0:05:37 | 4:28 |